

1ST MONTH



WHAT TO FEED

- ❖ Breast milk or formula only if your baby rejects breast milk

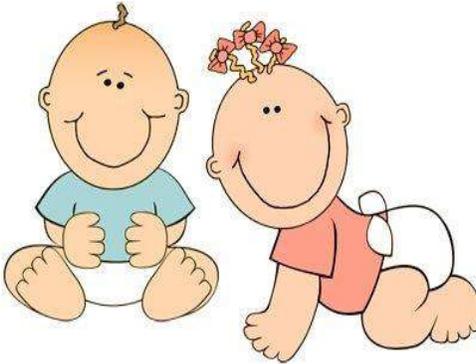
HOW MUCH A DAY

- ❖ Must be fed every 2-3 hours and roughly 8-10 times during the day
- ❖ Doctors recommend 2-4 ounces of formula, 6-8 times in 24 hours

WHAT TO AVOID

- ❖ Avoid feeding any kind of solid foods or honey to you baby

2ND MONTH



WHAT TO FEED

- ❖ Only breast milk and formula are supposed to be fed

HOW MUCH A DAY

- ❖ 4 to 6 ounces per feeding, 5 to 6 times in a day
- ❖ Should be fed about 6 to 8 times a day

WHAT TO AVOID

- ❖ Solid food items should not be given